

Movement of Stomach:

The movement of stomach is started by X-ray after ^{meal taken} Ba-meal. There are two stages of the movement of stomach. In empty stage, some movements are ^{seen} same and some events are occurred after reaching the ^{meal} to the stomach.

In empty stage or fasting condition, three types of movement are ~~seen~~ seen.

- i) Type-I contraction or tonus rhythm - This type of contraction is seen at the empty stomach and which occurs 3/min.
- ii) Type-II contraction or hunger contraction - A series of strong contraction occurs in the whole stomach is called hunger contraction. This type of contraction is last for 30 s. The hunger sensation is occurred by this contraction so it is called hunger contraction.
- iii) Type-III contraction or incomplete tetanus - This type of contraction is usually observed at the end of gastric motor activity.

After taking the meal some basic functions are occurs. These are -

- a) storage
- b) mixing
- c) emptying

① Storage - When food enters the stomach the fundus is enlarged and more food can be taken by the repetitive relaxation of the stomach. Mixing is the process by which the food is mixed with enzyme and gastric acid which is called chyme. When the chyme is broken down into smaller pieces it passes into small intestine by pyloric sphincter.

The movement of stomach are described below. There are different types of movements are seen in the stomach. These are -

- i) Receptive relaxation
- ii) Peristalsis
- iii) Retro propulsion
- iv) Gastric empty

Receptive relaxation -

When the food is passed into the stomach, the contractile activity of the fundus is inhibited which helps the stomach to receive 1 to 2 lit of food. Receptive relaxation may be initiated by the swallowing the food into the stomach. The stretch receptor of the stomach detects the presence of food and stimulates the vagus ^{reflex} vagovagal ^{reflex}. This type of movements are controlled by intrinsic nervous system.

Peristalsis ~~relaxation~~ -

Peristalsis is the contraction initiated at the fundus-cardia border. This contraction produces wave by which foods are propelled towards the pylorus. (Altmann)

Basic mechanism of Peristalsis $\Rightarrow$

This type of contraction is produced by a periodic change in the membrane potential called slow waves or basic electrical rhythms (BER).

This rhythm is occurred as a rate of 3 to 4/min with a duration of 5 to 7 s. The pacemaker

- in the muscle of the stomach is the origin of waves. Due to inflow of Na^+ and Ca^{++} into the cell is the cause of muscular activity. BER is myogenic in nature. The intensity of BER is dependent on gastrin enzyme and the neurotransmitter acetyl choline.

Retropulsion -

This type of movement is the backward movement of chyme caused by forceful propulsion of food against a close cavity. The peristaltic wave reached the pyloric sphincter before the chyme. So, the chyme is pushed back into the body by this wave. The forward and backward movement of chyme by peristalsis and retropulsion breaks the chyme into smaller and smaller pieces and mixes it with gastric enzyme.

Gastric emptying -

This type of movement occurs when the chyme is small enough to beat into the pyloric sphincter. Each time the chyme is pushed against the pyloric sphincter. A small amount 227 ml may pass into the duodenum. If the particles of chyme are too large, none of the chyme will enter the duodenum. As a result, the gastric emptying will be slow down. The gastric emptying of liquid is much faster than the solids.

Movement of small intestine :-

This is the major site for the digestion & absorption of carbohydrate, protein and fat in total G.I. tract. The movement of small intestine can be divided into two ways -

- i) Mixing contraction
- ii) Propulsive contraction

The Purpus of movement :

- a) For the mixing of chymes with digestive enzyme.
- b) To facilitate the digestion and absorption.
- c) To propel the chyme from duodenal to colon.

According to types of movement and essential the movement is two types.

✓ i) Segmentation

✓ ii) Peristalsis

Segmentation →

A ring of contraction followed by relaxation at a regular interval is called segmentation movement of small intestine. It is called segmentation because the contraction followed by relaxation is occurred within a certain segment. In duodenum it is less than 2cm and sometime may be more than 2cm.

Frequency of ~~sub~~ ~~area~~ segmentation →

The frequency of segmentation is about 12/min in duodenum and jejunum. In ileum the maximum frequency is about 8 to 9/min. (The ^{frequency of} basic electrical rhythm is the cause of difference frequency at different zone.) ×

Cause of segmentation —

Segmentation is myogenic in nature and independent of ~~any~~ nerve. The properties of smooth muscle is important for this type of movement. The rhythmicity of smooth muscle is responsible for segmentation contraction.

Peristalsis →

Peristalsis is a propulsive movement of intestine by which chyme is propelled through intestine. It is a composite wave consisting of relaxation followed by contraction. The velocity of this movement is about 0.5 to 2 cm/sec. (According to law of intestine, if a stimulus is applied then contraction occurs above the point and relaxation occurs below the point.)

According to the mode of action of peristalsis it can be subdivided into three types.

- i) 1st type of contraction is a slow wave moving at a rate of 1-2 cm/sec. and disappear after a short distance.
- ii) 2nd type of movement is a quick one at a rate of 10 cm/sec. For its rapped speed it is also called rush peristalsis.
- iii) 3rd type is antiperistalsis, same as peristalsis except the direction. It is present 2nd and 3rd part of duodenum.

Cause of Peristalsis -

Migrating Motor Complex (MMC) is responsible for this type of movement. It occurs every 60-90 min. Peristalsis depends on both nerve and chemical factor. Autonomic nerves has influence on peristalsis.

Parasympathetic nerve increase the movement and sympathetic nerve ~~increase the movement~~ can inhibit it. Local nerve plexus has also influence for this type of movement.

